



Carlisle Infant School

Newsletter 11th September 2025

Welcome to the new school year

It has been wonderful to see our KS1 pupils settle into their new classes over the past few days. The children are making new friends and learning the expectations in their new year groups with enthusiasm and confidence. Our teachers have worked exceptionally hard to create classrooms that are engaging and purposeful whilst maintaining a calming environment that prevents overstimulation from unnecessary distractions.

Today marks a special milestone as we welcome our wonderful new Reception children for the first time they have all been together. They have enjoyed a lovely few days getting to know each other, their teachers and the amazing environment created by our EYFS team. I encourage you to check out our recent Instagram post (www.instagram.com/carlisleinfantschoolinsta) to see the fantastic work they have done.

We have made a small but significant change to our school rules, rebranding them as '**Our School Rules**' instead of '*The Golden Rules*'. This change reflects their implementation across the federation and due to us personalising the original set for our schools.

This half term, we are focusing on our school value of 'Togetherness'. We have read *The Little Red Hen* in assembly to explore how everyone needs to contribute. We will also examine charities like The Upper Room, who collect food bank donations, and consider how togetherness supports their vital work.



David Wells
Head of School

Afterschool Clubs-Extra Curricular

Please note, afterschool clubs will commence from Monday 15th September. Please remember all clubs finish at 4.15pm with the exception of Baking club which finishes at 4.30pm. Please ensure you are here to collect your child promptly.

If your child is interested in joining an afterschool club, please contact the club directly. For your information the Y1 Lego club is now full.

[Carlisle Infant School | Extra Curricular Provision](#)

Please note that after school extra curricular clubs are only open to children in Year 1 & Year 2. Some clubs will offer Year Reception places from the Spring Term onwards.

Individual and Sibling Photographs-Tuesday 7th October

Fraser Portraits will be attending school to take individual photographs of your child/ren. All orders must be done online by the parent/carers. Details will follow.

All Y2 children to come in full school uniform-no PE kit required.



Notices/Reminders

Diary Dates

September

Monday 15th—Afterschool Extra Curricular Clubs Commence

-Cool Milk will commence for all Year R

Tuesday 16th—Y1 &Y2 Curriculum Meeting for Parents-9am-10am (Your child to be dropped off at normal time of 8.45am)

Friday 26th—SEND Coffee Morning –Being held at HHJS—9am-10am

Monday 29th—Flu Immunisation—All Years-Details Sent out-Please complete

October

Tuesday 7th —Individual School Photographs

Message from Y1 Parent-Fundraiser

Dear Parents/Carers,

I am writing to invite you to a Fundraiser Movement Workshop I am organising for a Year 1 family's charity whose youngest child was diagnosed with SMA Type 1 in October 2024 at 8-weeks old.

To celebrate his 1st Birthday and the incredible care he has received from Evelina London Children's Hospital, his mum, Cat is raising money for Evelina London Children's Charity. The wonderful staff at Evelina London Children's Hospital dedicate their lives to help them climb mountains. Their work, support, care is invaluable for families.

☐ HOW TO HELP ?

JOIN ME for a **2 hour Feldenkrais Workshop**

☐ WHERE ?

Align Studio

44 High Street

TW12 1PD HAMPTON HILL

☐ WHEN ?

SUNDAY 14th September 2pm-4pm

☐ WHAT TO EXPECT ?

I will offer a two hour **movement workshop through the lens of the Feldenkrais Method**. The best way to understand the Feldenkrais Method is to experience it physically. I will guide you through an Awareness Through Movement® with verbal instructions, I won't demonstrate any moves ☐ . It will be a gentle, slow guided movement explorations a little bit like a mindful movement riddle during which you will discover easier, more efficient ways of moving by focusing attention on sensation, curiosity, and comfort. We'll be exploring functions like rolling from back to sitting or sitting to standing. Then if we feel like it we might integrate our discoveries into small dances (think gentle kitchen dance).

It's all about finding ease in the body to encourage flow and efficient organisation!☐ TO BOOK YOUR SPOT AND CONTRIBUTE FOLLOW THE LINK BELOW

<https://movementawareness.uk/charlies-fundraiser-event/>

OR

SCAN THE QR CODE ON THE E-FLYER (Below on Page 9)

FOR MORE INFO ON THE FELDENKRAIS METHOD you can visit the Feldenkrais Guild UK Web-site : <https://www.feldenkrais.co.uk/about-feldenkrais/about-the-feldenkrais-method/>

Any questions you can email me : laure@movementawareness.uk Or WhatsApp me +44 (0)7985636139

Notices/Reminders Cont.....

Coat/ Water Bottles

Please can you ensure your child brings a named waterproof jacket to school each day. All children will go outside at break time/lunch time, unless the weather is severe. All Reception children will spend a lot of time outside during the school day.

Reminder-Your child's water bottle must only contain water. Please do not send squash/juice as this will be disposed of.

Lost Property Box-Important

If your child has lost any items around school, please can you check the lost property box which is situated in the foyer at the front of the school.

Please ensure **you name all items of clothing/shoes/water bottles etc** and remove old name tags if you have purchased second hand uniform items.

Any items found around school/outside will be put in the wooden lost property box.

Dogs

Please be aware that dogs **must not** be brought anywhere onto the school grounds, this includes carrying them in your arms. Dogs must not be tied up at the school gate either.



Toys in School!

Toys are not allowed in school. Toys are a personal item and there is a risk of them being lost or damaged and are a distraction in class.

Scooters

Please can we remind all parents/children that there must be no scooting around the playground either at drop off or pick up.

Harvest Festival

There will be a Harvest Festival assembly for the children taking place in October. We will be collecting donations for 'The Upper Room' charity which provides a broad range of services for homeless, vulnerable and socially disadvantaged people in West London. For further information about the work of the charity, please click on the link below.

theupperroom.org.uk

Further information will be sent out separately regarding this.

School Absence-Important Procedures

Please could all parent/carers ensure they let the office know every day that their child is unwell and the nature of the illness. Medical evidence may be required for absences longer than 5 days and when attendance falls below 90%.

Please also provide written proof of any appointments and advise whether your child will be requiring a school meal.

May we also remind you that if your child has vomiting and/or diarrhoea, you must wait 48 hours from the last episode before bringing your child back to school.

School Attendance—Reminder-School Day Start/Finish Times

Please note the times for the school day. At Carlisle the gates will open at 8.40am and your child must be in school by 8.45am ready to start their learning.

Y1 & Y2 to be ready and awaiting class teacher by 8.45am in the playground.

Finish time is 3.05pm for Reception and 3.15pm for Y1 & Y2.

At HHJS the playground gate will be open from 8.30am to allow parents to drop children there before coming to Carlisle.

Please remember afterschool clubs finish at 4.15pm, with the exception of Baking Club which finishes at 4.30pm. Please arrive on time to collect your child and make sure that if your child has brought a bike or scooter to school that it is left at the front of the school.

Please note it is very disruptive for all members of staff when your child arrives late to school, especially the class teacher who has already explained the lesson to the children. Please assist us by ensuring your child is here on time.

We would also like to remind all parents that you must call the school office each day to report your child's absence. If we do not hear from you, it will be noted on our attendance register as unauthorised absence. Please note this forms part of our safeguarding procedure.



Cool Milk—Reception Children-IMPORTANT INFO

Please remember that all children under the age of 5 will receive free Government funded milk. **When your child turns 5, or if they are already over the age of 5, you have the option to pay for their milk directly through Cool Milk.**

If you would like your child to receive milk, then please visit www.coolmilk.com and select "register your child for milk here" then follow the on-screen instructions to register and pay.

Please be aware the cut off date is Tuesday for milk orders to commence the following week. All parent/carers must contact cool milk if they have any problems.

Important If your child is no longer wishing to have the milk that you are paying for, please log into your account with Coolmilk.com and cancel.

Notices/Reminders Cont.....

School Meals-Important

Thank you to all those parents who have registered their child's lunch choices via Arbor. It would be helpful to remind your child each day what meal they will be having for lunch.

If your child is a vegetarian then you must request the vegetarian option.

The current menu will continue until October half term so please remember to add your child's lunch choices. If your child is bringing a packed lunch from home we still require you to add this in the system. **Your child will be given the vegetarian if you do not allocate a choice of meal for them.**

Remember your child must not bring any nut products or any food containing nuts to school. This also includes sesame /homous.

There will be a new menu from the 3rd November.

If your child receives a specially prepared meal due to allergies then **we will submit their meal code for them. Only submit 'packed lunch' if they will not be having a meal.**



PE Days—Y1 & Y2

Please remember the PE days for your child. On your child's PE day, please ensure your child comes to school wearing full PE kit and trainers. The PE kit consists of a school logo PE t shirt, black/dark colour tracksuit bottoms or leggings or black shorts. **They must wear their school fleece /sweatshirt on top.** Can we please request that any children coming in trainers with laces are able to tie their own shoe laces!

Year 2—Monday & Wednesday

Year 1—Monday & Thursday

Year Reception—Tuesday Only

Local Authority News

Places available on a number of Parenting Groups starting this term in Kingston

There are places available on free parenting groups which will be starting next term in the Kingston borough.

The Parenting Puzzle/Nurturing Program for parents and carers of primary school aged children
Incredible Years for parents and carers of children 2-8 years to assist in managing children's behaviour problems

Triple P Teen for parents and carers of adolescents, children 11+

Teen Life for parents and carers of children aged 10-16 years with a diagnosis of ASD

Please see [attached posters](#) for more information about each group

Please contact [Karen Williams](#).

Local Authority News

[Help children get a healthy start to the new school year by ensuring they are up to date with all their routine vaccinations](#)

As your child starts or returns to school, they will have more contact with other children. If their routine immunisations are not up to date, they could be vulnerable to serious illnesses such as measles and whooping cough, which can have significant impacts on your child's life. If your child isn't vaccinated, they're not protected.

Please confirm that your child is fully up to date with their routine immunisations by checking their Red Book or contacting your GP surgery. For a [full checklist of vaccines and when they should be given visit - NHS vaccinations and when to have them](#). [Primary - Immunising primary school children, postcard](#) [Secondary - Immunising secondary school children, postcard](#)

The South London Children and Young People's Community Immunisation Service are hosting a webinars for parents to discuss the flu vaccine.

Parents can sign up using the links below:

[Monday 15 September, 18:00 – 18:45](#)

During these webinars, we will explain the importance of vaccinating your child, the difference between the nasal and injectable flu vaccine, the MMR vaccine, and how to complete the e-consent form. There will also be a chance for parents to ask our nurses any questions they have.

[Posters for the flu information webinars](#).

[‘Helping children with...’ webinars for parents 2025/26](#)

Achieving for Children's Mental Health Support Teams are delivering a series of webinars for parents of primary-aged children. The 'Helping Children with ...' series of webinars will cover a range of common difficulties experienced by children and will aim to share evidence-based strategies to help parents and carers support their children with these difficulties.

[Continue reading about ‘Helping children with...’ Webinars for parents 2025/26 for webinar information](#)

[Cargos and cakes - find out all about cargo bikes!](#)

Friday 26 September, 3-5.30pm, Twickenham Green TW2 5TU

Interested in a more convenient school run? A cargo bike could be for you! Come along to Cargos and Cakes for a friendly after school chat and meet local families who have switched to a cargo bike to get their kids around, they'll even let you give theirs a try! Find out how much kids love them, how much time they can shave off your school run, and what style would suit your family best. And if you already have a cargo bike? do come along and share the benefit of your expertise. The event is brought to you Solve the School Run and Richmond Council, [you can find out more information about cargos and cakes here](#).

[Safeguarding concern?](#) Are you concerned about the safety or welfare of a child? Please contact the SPA (Single Point of Access):

Phone 020 8547 5008 [You can make an online referral here](#).

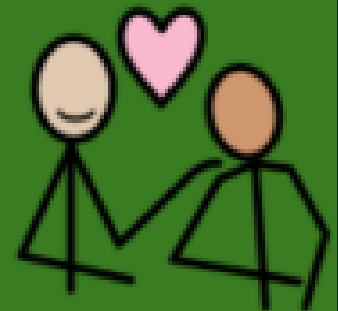
If you think a child is in immediate danger you should call 999.



Our

School Rules

We are kind
and helpful.



We listen.



We are honest.



We work hard.



We look after
property.



WHO TO CONTACT at CARLISLE INFANT SCHOOL

Should you have an issue or concern that relates to your child, please don't hesitate to approach the school directly.

The first point of contact will usually be your child's class teacher.

It's in everybody's best interests that any issues are resolved as quickly as possible.

This guidance is designed to help you handle concerns quickly and confidentially by directing you to the person in school who is best placed to help.

Our full complaints procedure is available on our website.

This document is designed to be an 'at a glance' contact list.



For matters pertaining to: • Pupil absence • Dates / times for school events • Payments to school • School meals • General non-urgent queries		<u>Please Contact the School Office:</u> (020) 8979 2770 info@carlisle.richmond.sch.uk Carlisle Infant School, Broad Lane, Hampton TW12 3AJ
For matters pertaining to: • Class-based concerns • Your child's learning • Your child's general well-being		<u>Please Contact your child's Class Teacher:</u> In the first instance, we encourage short conversations <i>at the end of the day where possible</i>. For matters which require a more in-depth conversation, please call the school office on the number above to arrange for the class teacher to call you back. Alternatively, email them on info@carlisle.richmond.sch.uk and they will reply as soon as possible.
For matters pertaining to: • Any ongoing matters that you have raised previously with the class teacher but you feel have not yet been resolved. • Questions regarding the curriculum your child is covering. • Concerns regarding the adults who work with your child.		<u>Please Contact our Phase Leaders:</u> If your child is in Reception, please contact our EYFS Lead, Miss Brown (Seahorse Class). If your child is in Year 1 or Year 2, please contact our KS1 Lead, Miss Lewis (Toucan Class) (020) 8979 2770 info@carlisle.richmond.sch.uk
For matters pertaining to: • Special Educational Needs • Mental Health/Wellbeing		<u>Please Contact our SEND Coordinator:</u> Lorraine Blake (020) 8979 2770 lblake@carlisle.richmond.sch.uk
For matters pertaining to: • Any long-term matters that you have raised previously via the above channels but you feel have not yet been resolved successfully or you are dissatisfied with the outcome. • If the matter is regarding one of the members of staff mentioned above • Safeguarding concerns • Serious and urgent queries		Please contact our Head of School Mr David Wells (020) 8979 2770 or our Federation Headteacher Ms Zoe Brittain (020) 8979 2770 General emails at info@carlisle.richmond.sch.uk Or safeguarding specific emails at: safeguarding@carlisle.richmond.sch.uk

FELDENKRAIS FUNDRAISER WORKSHOP

ALL MONEY RAISED
WILL GO TO
CHARLE'S
FUNDRAISING
SUPPORTING
EVELINA CHILDREN
CHARITY AND SMA
UK

SUNDAY 14 SEPTEMBER 2PM-4PM

ALIGNSTUDIO
44 HIGH STREET
HAMPTON HILL
TW12 1PD

BOOK HERE



WWW.MOVEMENTAWARENESS.UK/CHARLIES-FUNDRAISER-EVENT/





Craft, music, stories, food!
Sunday 21 September
3:30-5pm



St James's Road,
Hampton Hill TW12 1DQ



Little Songbirds



Every Thursday (term time only)

18 months – 4yrs 9.30 – 10.15

0-18 months 10.30 – 11.15



Classes are held at The Little Gym, High Street, Hampton Hill

These classes are run by Clare and Rachel, who are both experienced local primary school music teachers. They offer live music and a wide variety of fun, catchy and educational songs to help develop your child's musicality. They have lots of instruments and things to hold and play with, to enhance engagement with the songs.

Singing in a group is a joyful activity to do with your baby or pre-schooler. We hope you can come along and give it a try!



CONTACT:

littlesongbirdshamptonhill@gmail.com

No need to book ahead

£10 per child (£5 for siblings over 6 months)

Card payments only



All Fun and Drama Games £4.50

Sunflower (Wednesday) 3.45 to 4.45pm
Strathmore Road, Teddington, TW11 8UH

3 Sept – 15 Oct, 5 Nov – 17 Dec

The White House (Tuesday) 3.45 to 4.45pm

2 Sept – 14 Oct, 4 Nov – 16 Dec

45 The Avenue, Hampton, TW12 3RN

All Fun and Drama Games incorporates the most beneficial aspects of drama, without the stress or commitment needed for a 'performance.' Drama promotes tolerance and mutual respect as children work together, while exploring imaginative experiences. Communication, confidence, creativity, self-expression and problem solving skills are all developed as kids learn to listen, negotiate, share ideas and work collaboratively. The children who come to All Fun and Drama Games won't have a clue about any of those benefits though

.....They'll just think it's FUN!



**achieving
for children**

FAMILY FUN AT THE EXCHANGE



THE BUBBLE SHOW

11th October

14.00



COMEDY CLUB 4 KIDS

12th October

14.30



HALF TERM - FAMILY FILM CLUB:

JUMANJI 1 & 2 DOUBLE BILL

28th October

12.00 & 14.15



BEAUTY AND THE BEAST THE PANTOMIME

18th - 21st December
various timings



BOOK AT WWW.EXCHANGETWICKENHAM.CO.UK

OR CALL THE BOX OFFICE ON 020 8240 2399