



# Carlisle Infant School

## Newsletter

### 29th January 2026

Dear Parents and Carers,

We have already been back at school for one month and the term is proving to be very busy. The Reception children were excited with the visit from the London Fire Brigade, and a parent GP who came with her life size skeleton, sheep's eyes, and a pigs heart. The children listened to each others heart beats and learnt some CPR. This is part of the reception curriculum regarding people's jobs in the community who help us.

We have also had our therapy dog Luna visiting this week and children have been visiting her in the library.

As we continue this busy term, please see the diary dates on the next page regarding all the forthcoming events taking place in the run up to Easter. Thank you to all parents who offer to help with assisting on trips.

Mr David Wells

Head of School

#### **Vomiting/Diarrhoea or High Temperature**

Reminder-Please remember if your child has had **vomiting and/or diarrhoea or a high temperature** then your child must remain off school for **48 hours**, from either the last episode of vomiting or diarrhoea or once their temperature has returned to normal.

Please note this is in line with the guidance from the NHS.

Thank you for your support.

#### **Important re Packed Lunches & Afterschool Club Snacks!**

Please can we remind all parents **not** to put chocolate snacks into lunch boxes. Also if your child is bringing in a snack to have before an afterschool club, please give them something small and no chocolate or nuts please. Thank you.

#### **Inconsiderate Parking**

Please can all parents be mindful of where they park! Please do not obstruct resident drive ways and please note that parking on the zig zag lines near the zebra crossing is not only dangerous but illegal.

**May we also remind you that no parents or carers are to park the staff car park at any time without permission from the school.**



#### **Coats!**

Please can we ask parents to ensure your child brings a warm /waterproof coat to school **every day**.

Also please make sure your child has everything with them for the day, ie, packed lunch/book bag/water bottle etc. The office is very busy and items brought in will not be taken to your child immediately!

## News/Information

### Diary Dates

#### February

**Thursday 5th—Year R Little Gym**

**Friday 6th—Old Bus Visit for YR**

**Wednesday 11th—Y1 Space Day —Come dressed as a space character**

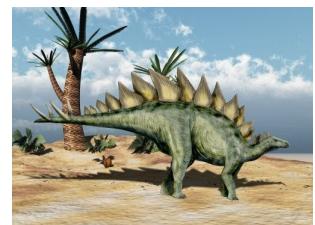
**Thursday 12th—Year 1 Little Gym**

**Friday 13th - Heart Themed Cake Sale —Details will be emailed tomorrow-Fri 30th**

#### ***Monday 16th February—Friday 20th February 2026 Half Term***

**Thursday 26th—Year 2 Little Gym—Details to follow**

**Friday 27th —Y1 Natural History Museum**—Details have been sent—  
Please pay/consent via Arbor



#### March

**Tuesday 3rd—Year Reception—Parent/Teacher Consultations—**  
Details to follow

**Wednesday 4th—Year 2 Parent/Teacher Consultations**—Details to follow

**Thursday 5th Parent/Teacher Consultations**—Details to follow

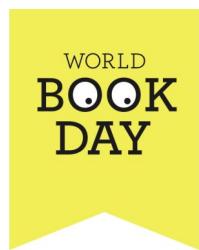
**Thursday 5th —World Book Day**

**Thursday 12th—Dancing with Don Rae—Whole School—YR finish will be 3.15pm**

**Friday 20th —Year 2 Tower of London**—Details to follow

**Saturday 21st—CSA Quiz Night —Adults Only —Details to Follow**

**Friday 27th—End of Term—School finishes at 1.30pm**



### Child Pick Up Arrangements from Afterschool Clubs-Important

If your child is attending an afterschool club and is going home with someone else, please can you let the club know directly via email and copy in the school office email on

[info@carlisle.richmond.sch.uk](mailto:info@carlisle.richmond.sch.uk) Please can all parents ensure they are collecting their children on time from afterschool clubs. All clubs finish at 3.15pm with the exception of baking club which finishes at 4.30pm. Thank you.

Year Reception children have been learning about different people who help us and were very excited to have a visit from the London Fire Brigade last week.



## Borough News

### 5 things to do to help manage winter illness

It's important to be aware of the winter illnesses currently circulating. A few simple habits can help keep children, families and classrooms healthy.

[\*\*The latest UKHSA blog for schools and parents/carers\*\*](#) includes health messaging on staying home when unwell, hand hygiene, catching coughs and sneezes, getting vaccinated, and using NHS resources for more information about winter illnesses.

### Whatever you're into, read into it. Discover your local library

The NYR campaign seeks to reach audiences through their interests, passions and things that are important to them, connecting people to reading in this way. Libraries are trusted, local and built for discovery. We offer free access to stories and information in every format imaginable, welcoming spaces where people feel safe, and the support that helps hesitant readers grow in confidence.

[\*\*More information on local libraries here.\*\*](#)

### Free classes for Richmond parents- Guided meditation with breathwork and yoga nidra

Mindfulness and Meditation are shown to positively affect the brain, helping you to remain calm in stressful situations and to improve focus, memory, physical and mental health and sleep.

A wonderful opportunity to enjoy simple breathing exercises and guided meditations to bring some calm and wellbeing into your day. These sessions are suitable for beginners.

[\*\*More information on this free classes for Richmond parents flyer.\*\*](#)

### Free Yoga Classes for Kingston Parents

Physical well being is a precursor to good mental health, resilience and wellbeing. Yoga exercise and mindfulness provides a beneficial release from stress enabling you to manage better with resilience, calm and ease.

[\*\*Free yoga poster here.\*\*](#)

### Free Pilates Classes for Kingston Parents

Physical well being is a precursor to good mental health, resilience and wellbeing. Pilates exercise provides a beneficial release from stress enabling you to manage better with resilience, calm and ease.

[\*\*Free pilates poster here.\*\*](#)

### Safeguarding concern?

Are you concerned about the safety or welfare of a child? Please contact the SPA (Single Point of Access).

Phone 020 8547 5008. [\*\*You can make an online referral here.\*\*](#)

If you think a child is in immediate danger you should call 999.



*Support our*

# RUN FOR SCHOOL

SPONSOR US



Want to run?

Email to join us:  
carlislestreasurer@gmail.com

On 14 & 15 March, around 40 parents, teachers, and friends will run the Hampton Court 10k and/or Half Marathon to raise funds for vital facilities and equipment at Carlisle Infant and Hampton Hill Junior Schools.

Every donation, big or small, makes a real difference. Please support our runners and help us reach our goal to benefit the children in our community. Thank you for your generosity!

<https://www.justgiving.com/campaign/carlislehhfed>





# THANK YOU ALL

LAST TERM THE PTAS RAISED

**£23,450**

£10,000 for Carlisle Infant School

£5,650 for Hampton Hill Juniors

AND £7800 raised jointly for the Federation

## What we have funded so far

Last term we donated **£12,500 to Carlisle Infants for..**



Art equipment

Defibrillator pads

Don Rae dancing

Trip to Hampton Hill Theatre

Reading and writing materials



New school signs

New IT equipment

New interactive whiteboard

Resources supporting learning and wellbeing



we donated **£23,567 to Hampton Hill Juniors for...**

School trips

New books

New school sign

Large project on playground renovation and equipment



## Coming later this year

Sponsored readathon at HHJS

World Book Day celebrations    World Book Day celebrations

Famiy Bingo at HHJS

Quiz Night at Carlisle - 21st March

Carlisle Goes Camping

Fundraising run - Hampton Court Palace

Half Marathon & 10k run - 14th/15th March 2026

Federation Summer Fair 20th June 2026



Thank you to everyone who has supported, donated, volunteered and taken part. Every pound raised goes straight back into supporting our children and school. Let your class reps know if you'd like to help at the next event!

• FEB HALF TERM HOLIDAY CAMPS •

# SUPER HEROES VS SUPER VILLAINS



LION PACK

FEB HALF TERM CAMP

Year 1 - Year 7

\*(reception - Year 7

at New Malden)

SUPER HEROES  
VS  
SUPER VILLAINS

★ OFSTED REGISTERED HOLIDAY CAMPS

⌚ 8:00am – 5:00pm Available

Late stay until 6:00pm available at Surbiton

💳 Childcare Vouchers & Tax-Free Childcare Accepted

## LOCATIONS

- 📍 Hampton
- 📍 Walton-on-Thames
- 📍 Weybridge
- 📍 Richmond

- 📍 Surbiton
- 📍 New Malden



Scan to Book Now

BOOK NOW [www.lazerlions.co.uk](http://www.lazerlions.co.uk)

Limited spaces available - early booking recommended



# SUPER HEROES VS SUPER VILLAINS

FEBRUARY  
16TH - 20TH



THIS FEBRUARY HALF-TERM, JOIN LION PACK HOLIDAY CAMPS FOR  
SUPERHEROES WEEK!

CHILDREN IN YEAR 1 - YEAR 7 (RECEPTION CLASS TO YEAR 7 NEW MALDEN) WILL DESIGN THEIR OWN HERO COSTUMES, COMPLETE EPIC MISSIONS, AND TAKE ON FUN CHALLENGES - PLUS ENJOY ALL THE LION PACK FAVOURITES: LASER TAG, ZORBING, GO KARTS, NERF WARS, INFLATABLES, ARCADE ROOMS, SPORTS AND CRAFTS. WE'LL ALSO EXPLORE REAL-LIFE HEROES TO INSPIRE CONFIDENCE, TEAMWORK AND RESILIENCE.

SAFE, ENERGETIC, CREATIVE, CONFIDENCE-BUILDING. LION PACK HOLIDAY CAMPS DELIVER THE PERFECT MIX OF IMAGINATIVE PLAY, PHYSICAL ACTIVITY AND REAL-LIFE SKILL BUILDING - DESIGNED BY CHILDCARE AND ACTIVITY EXPERTS WHO KNOW EXACTLY WHAT CHILDREN LOVE.

HOLIDAY CAMP SNEAK PEEK



BOOK NOW [WWW.LAZERLIONS.CO.UK](http://WWW.LAZERLIONS.CO.UK)



# Musical Madness

## -FEBRUARY HALF TERM EVENT-

Our Half Term event is based on many amazing Musicals from around the world.

*This event includes Acting, Dancing & Singing workshops with a sharing of work on the final day.*

*Your child can choose attend 1 day, 2 days or the full 3 days.*

**DATES:** Monday 16<sup>th</sup>, Tuesday 17<sup>th</sup> & Wednesday 18<sup>th</sup> February 2026

**TIME:** 10am – 2pm\* (doors open at 9.50am)

\*Early drop off from 9am, and late pick up is available at 3pm or 4pm

**AGES:** 4 - 14 years of age

*(Split into 3 groups depending on age)*

**VENUE:** Teddington Methodist Church, Stanley Road, Teddington, TW11 8TP

**PRICE:** 1Day - £35, 2-Days- £55 or 3Days- £70

**TO SIGN UP:** Visit [www.boundlessarts.co.uk](http://www.boundlessarts.co.uk) and click on the 'Holiday Events' page.

EVERY STUDENT EXPERIENCES AN HOUR OF ACTING, DANCING AND SINGING THROUGHOUT THE DAY, AS WELL AS AN ENSEMBLE PIECE. ALL DISCIPLINES WILL BE DELIVERED BY PROFESSIONAL WEST END PERFORMERS WHO WILL BE WORKING WITH THE CHILDREN TO CREATE FUN, DYNAMIC AND ENJOYABLE PERFORMANCE PIECES. MORE DETAILS ONLINE.

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WHETHER YOUR CHILD IS NEW TO THE ARTS OR HAS PLENTY OF EXPERIENCE PLEASE SIGN THEM UP FOR A FUN AND ENJOYABLE TIME WITH BOUNDLESS. PLEASE VISIT THE WEBSITE BELOW FOR MORE DETAILS.

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TO SEE A FULL LISTING OF CLASSES & THE WORKSHOPS WE DELIVER PLEASE VISIT OUR WEBSITE.

# BOUNDLESS

07951 305935

[info@boundlessarts.co.uk](mailto:info@boundlessarts.co.uk)  
[www.boundlessarts.co.uk](http://www.boundlessarts.co.uk)

THE EXCHANGE



# HOW TO SURVIVE IN SPACE

STARRING **THE O-TWINS**  
AS SEEN ON CBBC'S OPERATION OUCH!

**FRIDAY 20 FEBRUARY - 2026**

**VENUE: THE EXCHANGE THEATRE, TWICKENHAM  
LIVE SPACE BIOLOGY EXPERIMENTS**

**A SCIENCE ADVENTURE  
FOR THE WHOLE FAMILY**

**UNLIMITED LAUGHS! • • A WHOLE LOT OF DANCING • • HUMAN BODY LIVE EXPERIMENTS!**

**Discounts for group bookings! Get in touch for details.**

**BOOK AT: [WWW.EXCHANGETWICKENHAM.CO.UK](http://WWW.EXCHANGETWICKENHAM.CO.UK)**

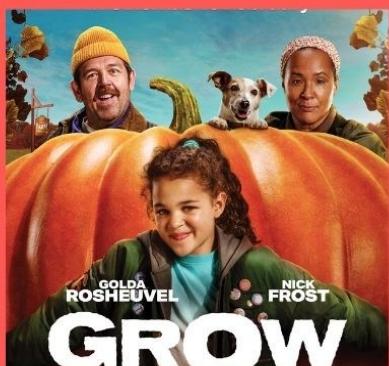
# HALF TERM AT THE EXCHANGE



Flowers & Friendship Bracelets  
The Ultimate Pop Concert!  
SATURDAY 14 FEBRUARY  
6 PM



Out Of The Box Circus  
Comedy Show  
MONDAY 16 FEBRUARY  
11 AM



Grow (2025) (PG)  
WEDNESDAY 18 FEBRUARY  
2 PM



How To Survive In Space - Starring  
CBBC'S Operation Ouch! O-Twins  
FRIDAY 20 FEBRUARY  
11 AM & 2 PM



BOOK AT [WWW.EXCHANGETWICKENHAM.CO.UK](http://WWW.EXCHANGETWICKENHAM.CO.UK)  
OR CALL THE BOX OFFICE ON 020 8240 2399

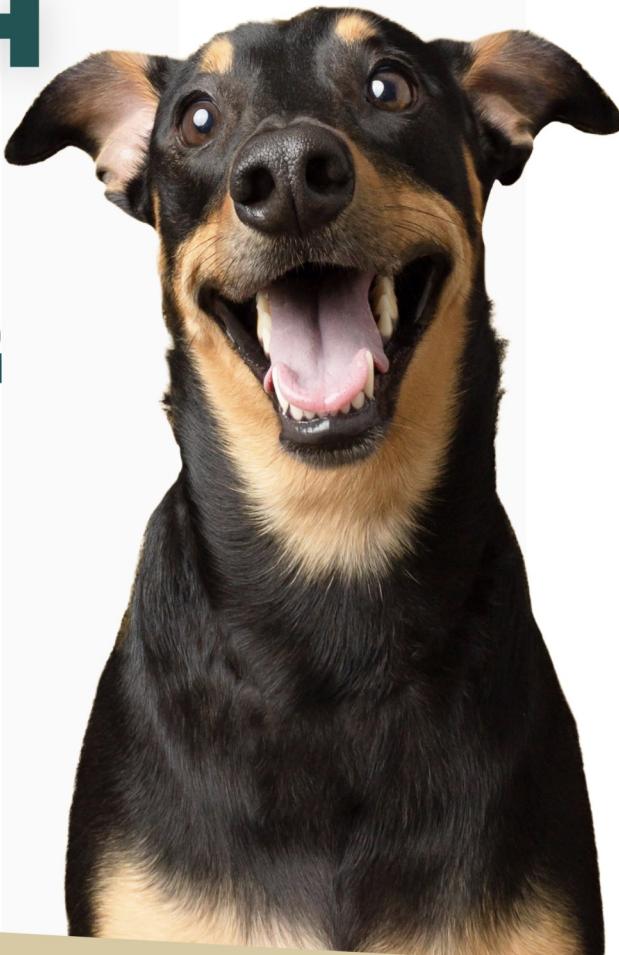
# NEW YEAR, NEW LEASH OF LIFE



ADOPT A RESCUE DOG  
& BE PART OF  
CHANNEL 4'S

*the*  
**Dog House**

**APPLY HERE**



 **C4THEDOGHOUSETAKEPART.CO.UK**

*"Channel 4's The Dog House is looking for local families to offer a loving home to a rescue dog and share their reasons why on the show! If you're interested, find out more here: <https://c4thedoghousetakepart.co.uk> or email [the-doghouse@fivemilefilms.co.uk](mailto:thedoghouse@fivemilefilms.co.uk)."*

**Safeguarding concern?** Are you concerned about the safety or welfare of a child? Please contact the SPA (Single Point of Access):

Phone 020 8547 5008 [You can make an online referral here](#).

If you think a child is in immediate danger you should call 999.



## Cooking with Relish and Grace £4.50



**Barnes 2-5 years: Mon 19 Jan to 9 Feb 11.30am to 1pm**

**Heathfield 2-5 years: Tues 20 Jan to 10 Feb 10.30am to 12pm**

**The White House 4+: Weds 4 March to 25 March 3.45 to 4.45pm**

Together, we celebrate the love of food & the joy of cooking:  
sharing kindness through social impact, education & great food.

[Click to book onto session or scan QR code](#)

Barnes Children's Centre, 67B Lower  
Richmond Rd, SW14 7HJ 07904 556423

Heathfield, Powdermill Lane, TW2 6EX  
020 8734 3405

The White House Family Hub, 45 The  
Avenue, TW12 3RN 07734228468



achieving  
for children



# **Happy Hour** **£2.50**



**Tuesdays 3.45 to 4.45pm**

**6 Jan to 10 Feb**

**24 Feb to 24 March**

Come along to The White House for an hour of fun. This session is aimed at children 4-8 but will accommodate their younger siblings.

This will give both children and adults an opportunity to play, chat and meet others. A healthy snack will be provided and an opportunity for children to complete their homework within the session. We can't wait to see you, for Happy Hour!

[Click to book onto session or scan QR code](#)

**The White House Family Hub, 45  
The Avenue, Hampton TW12 3RN  
Tel: 07734228468**



**achieving  
for children**



# Carlisle & Hampton Hill Federation

## Wrap Around Care

### THE HUB

#### After School Care

For children who attend Hampton Hill Junior School and Carlisle Infant School  
Children attending from CIS will be collected and walked to HHJS by The Hub team.  
Phone number 020 3823 3303



#### After School Care

For children who attend Carlisle Infant School  
Phone number 020 3823 3289

Our after school clubs are open from the end of the school day until 6pm Monday – Friday during term time only.  
(Excluding Bank Holidays and School Inset Days)  
Children attending clubs may join us from 4.15/4.30pm

Light snacks are provided, sandwiches, picnic treats, vegetable sticks, yoghurt and fruit.  
We offer Arts & Crafts, Icing Biscuits, Sports, End of term Parties, Talent shows &  
Star of the week.

#### Breakfast Club

Breakfast club is based at both CIS for the Carlisle children or at HHJS for both Carlisle and Hampton Hill children.  
Our Breakfast clubs are open from 7.30 - 8.40am Monday – Friday during term time only. (Excluding Bank Holidays  
and School Inset Days)

Children attending Breakfast club should arrive and be seated by 8.10 for Breakfast to be served.

If you would like your child to attend any of our wraparound settings please pre-book the sessions on the Arbor portal.

If you have any questions please email [wraparoundcare@carlisleandhamptonhillfed.richmond.sch.uk](mailto:wraparoundcare@carlisleandhamptonhillfed.richmond.sch.uk)  
For CIS Breakfast club based at Carlisle please email [info@carlisle.richmond.sch.uk](mailto:info@carlisle.richmond.sch.uk)

[www.cihhf.school](http://www.cihhf.school)



# *Food for all the Community*

*Every Tuesday 3-5pm from 6th January 2026*



**Linden Hall**  
Community Centre



Linden Hall & Surplus to Supper are offering freshly cooked meals for people in the local Hampton community

to eat in or take away.

Frozen meals and surplus food are also available to take away.

Individuals and families are welcome.

This is a free service or pay as you feel.



Linden Hall Community Centre, Linden Road, Hampton, TW12 2JG

0208 941 2373 [enquiries@lindenhall.org.uk](mailto:enquiries@lindenhall.org.uk)

[www.lindenhall.org.uk](http://www.lindenhall.org.uk)

**Dramacube**  
PRODUCTION OF

BOOK A  
**2 WEEK**  
TASTER FROM £20\*

# The Wizard of Oz

Young Performers' Edition

By L. Frank Baum

With Music and Lyrics by Harold Arlen and E. Y. Harburg

Background Music by Herbert Stothart

Dance and Vocal Arrangements by Peter Howard

Orchestration by Larry Wilcox

Adapted by John Kane for the Royal Shakespeare Company

Based upon the Classic Motion Picture owned by Turner Entertainment Co. and distributed in all media by Warner Bros.

Adaptation and support materials developed by iTheatrics under the supervision of Timothy Allen McDonald

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## JOIN OUR CASTS

5-7, 8-12 & 13-18 YEAR OLDS

PERFORM AT HAMPTON HILL THEATRE MARCH 2026

SPRING TERM STARTS W/C 5TH JANUARY 2026

HAMPTON HILL, TEDDINGTON, TWICKENHAM & WALTON-ON-THAMES

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[www.dramacube.co.uk](http://www.dramacube.co.uk)



DramacubeProductions



Dramacube



DramacubeProductions



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