



# Hampton Hill Junior School

## Newsletter

30th January 2026

Dear Parents and Carers,

Despite the dark mornings and cold weather, the school continues to be a bright and positive place, full of excellent learning opportunities:

**Year 3** – The children continue to hone their musical skills with support from the Richmond Music Trust. Watch out for the music showcase to parents in March – it promises to be a wonderful celebration of their progress and we can't wait to welcome you all.

**Year 4** – The children (and staff!) were amazed by the incredible skills on display during their recent trip to the Royal Ballet at the White Lodge in Richmond. What an inspiring experience!

**Year 5** – The children came away from their trip to the V&A gallery inspired and ready to apply their new knowledge to their own Islamic-inspired art learning. We can't wait to see their creative outcomes.

**Year 6** – The children continue to channel their inner 'Bob Ross' as their knowledge of perspective was enhanced through their recent sketching work in Bushy Park. There are so many wonderful learning opportunities taking place, and we can't wait to see the final pieces!

### Anti-Idling reminder for parents

Outside of school is an 'anti-idling' zone. Idling is the act of sitting in a stationary vehicle with your engine running and producing harmful emissions. An idling engine can produce up to twice the emissions of a car in motion, releasing unnecessary sulphur dioxide, particulate matter and nitrogen oxide. These chemicals have a negative effect on the environment by contributing to poor air quality, and they all contribute to asthma, heart disease and lung cancer. By turning off engines, drivers can improve the quality of air students, parents and teachers breathe while they are at school. Our federation is committed to minimising our impact on the environment and to prioritising the health of our students and staff. We therefore ask anyone visiting our sites to adhere to our No Idling Statement. If you are stationary in your vehicle, please turn your engine off. This applies to all vehicles on our sites. We thank you for your support with this.

For more information on Idling, please visit the link to the Richmond Council Website: [richmond.gov.uk/engine-idling](https://richmond.gov.uk/engine-idling)

Mr Marc Lowery

Head of School / Federation Inclusion Lead

Hampton Hill Junior School



## Notices/Reminders



### Dates at a glance

#### February

2nd February—12th February—Year 6—Bikeability

4th February—Year 4 Egyptian Day

**16th February –20th February—HALF TERM**

25th and 26th February—Parent Consultations

#### March

5th March—World Book Day

20th March—Year 4 trip—Gurdwara

**27th March—end of term—HHJS collection 1.45pm (CIS  
1.30pm)**

### Just some friendly reminders:

Please can you review your Arbor account and

- Ensure that all outstanding balances are settled
- All medical information is up to date
- All contact details and consents are up to date



If your child is absent from school please can you contact us on 0208 979 3019, option 1 to register the absence as soon as possible

Please remember to send a healthy snack in with your child for break-time and ensure that packed lunches contain healthy food (no nuts please)

## WHO TO CONTACT at HAMPTON HILL JUNIOR SCHOOL

Should you have an issue or concern that relates to your child, please don't hesitate to approach the school directly.

The first point of contact will usually be your child's class teacher.

It's in everybody's best interests that any issues are resolved as quickly as possible.

This guidance is designed to help you handle concerns quickly and confidentially by directing you to the person in school who is best placed to help.

Our full complaints procedure is available on our website.

This document is designed to be an 'at a glance' contact list.



### For matters pertaining to:

- Pupil absence
- Dates / times for school events
- Payments to school
- School meals
- General non-urgent queries



#### Please Contact the School Office:

Tel: 020 8979 3019

Email: [Student@hamptonhill.richmond.sch.uk](mailto:Student@hamptonhill.richmond.sch.uk)

Address: St James's Avenue, Hampton Hill, Hampton, TW12 1HW

### For matters pertaining to:

- Class-based concerns
- Your child's learning
- Your child's general well-being



#### Please Contact your child's Class Teacher:

In the first instance, we encourage short conversations *at the end of the day where possible*.

For matters which require a more in-depth conversation please call the school office on the number above to arrange for the class teacher to call you back.

Alternatively, email them on

[Student@hamptonhill.richmond.sch.uk](mailto:Student@hamptonhill.richmond.sch.uk)

and they will reply as soon as possible.

### For matters pertaining to:

- Any ongoing matters that you have raised previously with the class teacher but you feel have not yet been resolved.
- Questions regarding the curriculum your child is covering.
- Concerns regarding the adults who work with your child.



#### Please Contact our Year Group Leaders:

If your child is in Year 3, please contact Miss. Dixon

If your child is in Year 4, please contact Mr. Donnelly

If your child is in Year 5, please contact Mr. Bidmead

If your child is in Year 6, please contact Ms. O' Connor

Tel: 020 8979 3019

Email: [Student@hamptonhill.richmond.sch.uk](mailto:Student@hamptonhill.richmond.sch.uk)

### For matters pertaining to:

- Special Educational Needs



#### Please Contact our Federation Inclusion Team:

Mrs Beadle (Federation SENCo)

Mrs Jones (Assistant SENCo)

[senco@carlisleandhamptonhillfed.richmond.sch.uk](mailto:senco@carlisleandhamptonhillfed.richmond.sch.uk)

### For matters pertaining to:

- Any long-term matters that you have raised previously via the above channels but you feel have not yet been resolved successfully or you are dissatisfied with the outcome.
- If the matter is regarding one of the members of staff mentioned above
- Safeguarding concerns
- Serious and urgent queries
- Mental Health and Wellbeing concerns



#### Please contact our Head of School

Mr Marc Lowery;

(020) 8979 3019

#### OR our Federation Headteacher

Ms Zoe Brittain

(020) 8979 3019

Safeguarding-specific emails at:

[safeguarding@hamptonhill.richmond.sch.uk](mailto:safeguarding@hamptonhill.richmond.sch.uk)

### Understanding ASD Masking in Primary-Aged Children

Welcome to the **SEND Segment**. Here we will share key information on different areas of SEN need for primary-aged children. Thank you and we hope you enjoy this week's newsletter.

The Federation SEND Team

#### What is ASD masking?

Some children with Autism Spectrum Disorder (ASD) try to hide parts of themselves to fit in. This is called **masking**. Children may do this without realising, especially at school.

Masking can look like:

- Copying other children's behaviour
- Hiding worries or emotions
- Suppressing movements (such as fidgeting or stimming)

#### Why is masking important?

Although masking may help children manage socially, it can be **very tiring** and emotionally demanding. Over time, masking can lead to:

- Anxiety or low mood
- Emotional outbursts at home
- Extreme tiredness after school

#### How can parents support their child?

- Let your child know it is okay to be themselves
- Talk about how school *felt*, not just what they did
- Notice changes in mood or behaviour after school
- Work closely with your child's school and SENCO
- Focus on wellbeing, not just behaviour
- Small adjustments and understanding can

#### Support for Families in Richmond upon Thames

- National Autistic Society – Richmond Branch** - Local parent support, advice and groups
- Richmond AID** - Information and guidance on disability and local services
- Richmond Mencap** - Support for families of children with learning disabilities and autism
- Beyond Autism** - Information and guidance for families of autistic children
- Richmond & Kingston SENDIASS** - Free, confidential advice about SEND, EHCPs and working with schools
- Achieving for Children (AfC)** - Local authority SEND and children's services



### Inside Our Minds. BBC iplayer

Inside Our Minds is a BBC documentary series hosted by naturalist Chris Packham, designed to bridge the gap between neurodivergent individuals and their peers. Using 2026 data, the series is currently available to stream on BBC iPlayer and covers various neurodevelopmental conditions through personal storytelling and visual art.



### Final Message

Masking doesn't mean a child is coping — it often means they are working very hard. Understanding masking helps us better support children's confidence, wellbeing and happiness. If you would like further support, please speak to one of the organisations listed above, or arrange an appointment to meet with the **Federation SENCo team** - [senco@carlisleandhamptonhillfed.richmond.sch.uk](mailto:senco@carlisleandhamptonhillfed.richmond.sch.uk).

# THANK YOU ALL

**LAST TERM THE PTAS RAISED £23,450**

**£10,000 for Carlisle Infant School**

**£5,650 for Hampton Hill Juniors**

**AND £7800 raised jointly for the Federation**

## What we have funded so far

**Last term we donated £12,500 to Carlisle Infants for..**

Art equipment

Defibrillator pads

Don Rae dancing

Trip to Hampton Hill Theatre

Reading and writing materials

New school signs

New IT equipment

New interactive whiteboard

Resources supporting  
learning and wellbeing



**we donated £23,567 to Hampton Hill Juniors for...**

School trips

New books

New school sign

Large project on playground  
renovation and equipment



## Coming later this year

Sponsored readathon at HHJS

World Book Day celebrations

Famliy Bingo at HHJS

World Book Day celebrations

Quiz Night at Carlisle - 21st March

Carlisle Goes Camping

Fundraising run - Hampton Court Palace

Half Marathon & 10k run - 14th/15th March 2026

Federation Summer Fair 20th June 2026



Thank you to everyone who has supported, donated, volunteered and taken part. Every pound raised goes straight back into supporting our children and school. Let your class reps know if you'd like to help at the next event!



*Support our*

# RUN FOR SCHOOL

SPONSOR US



**Want to run?**

Email to join us:  
[carlislestreasurer@gmail.com](mailto:carlislestreasurer@gmail.com)

On 14 & 15 March, around 40 parents, teachers, and friends will run the Hampton Court 10k and/or Half Marathon to raise funds for vital facilities and equipment at Carlisle Infant and Hampton Hill Junior Schools.

Every donation, big or small, makes a real difference. Please support our runners and help us reach our goal to benefit the children in our community. Thank you for your generosity!

<https://www.justgiving.com/campaign/carlislehhfed>





## **Carlisle & Hampton Hill Federation**

### **Wrap Around Care**

#### **THE HUB**

##### **After School Care**

For children who attend Hampton Hill Junior School and Carlisle Infant School  
Children attending from CIS will be collected and walked to HHJS by The Hub team.

Phone number 020 3823 3303



##### **After School Care**

For children who attend Carlisle Infant School

Phone number 020 3823 3289

Our after school clubs are open from the end of the school day until 6pm Monday – Friday during term time only. (Excluding Bank Holidays and School Inset Days)

Children attending clubs may join us from 4.15/4.30pm

Light snacks are provided, sandwiches, picnic treats, vegetable sticks, yoghurt and fruit.

We offer Arts & Crafts, Icing Biscuits, Sports, End of term Parties, Talent shows & Star of the week.

### **Breakfast Club**

Breakfast club is based at both CIS for the Carlisle children or at HHJS for both Carlisle and Hampton Hill children.

Our Breakfast clubs are open from 7.30 - 8.40am Monday – Friday during term time only. (Excluding Bank Holidays and School Inset Days)

Children attending Breakfast club should arrive and be seated by 8.10 for Breakfast to be served.

If you would like your child to attend any of our wraparound settings please pre-book the sessions on the Arbor portal.

if you have any questions please email [wraparoundcare@carlisleandhamptonhillfed.richmond.sch.uk](mailto:wraparoundcare@carlisleandhamptonhillfed.richmond.sch.uk)

For CIS Breakfast club based at Carlisle please email [info@carlisle.richmond.sch.uk](mailto:info@carlisle.richmond.sch.uk)

[www.cihhjf.school](http://www.cihhjf.school)





## Get in the game! Junior Girls Cricket at Hampton Wick Royal Cricket Club

Calling all young girl cricketers in Kingston, Richmond and Hounslow! Hampton Wick Royal is a friendly and welcoming club that offers junior cricket for all abilities, from beginners to more experienced players. We have a strong focus on developing skills, teamwork, and most importantly, having fun!



### What we offer:

**Fun and engaging coaching:** Qualified coaches provide a supportive environment for learning and improving. Masterclasses from current and past professionals. Winter training starts in January

**Various age groups:** We cater for different age groups, from All Stars (ages 5-8) to Dynamos (ages 8-11) and older age groups with competitive matches.

**Competitive opportunities:** We participate in local Surrey and Middlesex leagues for u9s –u14s.

**All equipment provided:** No need to worry about gear – we provide everything you need to get started.

**Experienced and DBS checked coaches:** Your child's safety is our priority.

**Parental involvement:** We encourage parents to get involved and support our junior program.

For more information or to ask questions, contact James Watson by clicking on QR code; emailing [j.watson@heathfield-jun.richmond.sch.uk](mailto:j.watson@heathfield-jun.richmond.sch.uk) or phone 07801572809

Hampton Wick Girls U11's  
WhatsApp group



## February Half-Term MULTI-SPORT CAMPS

Skillz4Life Sports Coaching award-winning multi-sport camps, held during school holidays, offer ultimate fun and the opportunity to learn exciting new skills across a variety of different sports and activities. ALL CHILDREN, of ALL ABILITIES, from Reception to Year 6 are welcome.

### Venue

Buckingham Primary School  
Buckingham Road, Hampton, TW12 3LT

### When

Monday 16th – Friday 20th February 2026

### Times & Cost

Normal Day: 9am – 3pm | £22.50 per day\*  
Half Day: 9am – 1pm | £18 per day\* (4 year olds only)  
Early Drop-off: 8am | +£5 per day\*  
Late Pick-up: 4pm | +£5 per day\*

\*Pre-booking required, no same day bookings. Price is per child, per day.

### Good to Know

- Experienced, friendly, fully qualified DBS checked and first aid trained staff
- Different and exciting sports throughout the week: gymnastics, football, archery, cricket, basketball, dance, tennis, dodgeball, hockey, golf, and so much more!
- Fun arts and crafts, board games and block building activities throughout the week
- Daily certificates awarded in the most improved and player of the day
- FREE breakfast included with early drop-off

### 'WOW' Activities:

Make A Fort Workshop // Smoothie Making Workshop // Didi Cars // Fencing Workshop // Dress-up Disco (Friday)

### 5% SIBLING DISCOUNT ON ADDITIONAL CHILD

Please text the number below for a discount code.

### HOW TO BOOK

To book a place for your child, text our friendly team on **07402 550606** with:

- Child's Full Name • Child's School & Year Group
- Time & Dates Required • Camp Venue Required

OR **scan the QR code** and click 'Book Now'.  
[skillz4life-sportscoaching.co.uk](http://skillz4life-sportscoaching.co.uk)



Scan me to book online



### THIS FEBRUARY HALF-TERM, JOIN LION PACK HOLIDAY CAMPS FOR SUPERHEROES WEEK!

CHILDREN IN YEAR 1 – YEAR 7 (RECEPTION CLASS TO YEAR 7 NEW MALDEN) WILL DESIGN THEIR OWN HERO COSTUMES, COMPLETE EPIC MISSIONS, AND TAKE ON FUN CHALLENGES – PLUS ENJOY ALL THE LION PACK FAVOURITES: LASER TAG, ZORING, GO KARTS, NERF WARS, INFLATABLES, ARCADE ROOMS, SPORTS AND CRAFTS. WE'LL ALSO EXPLORE REAL-LIFE HEROES TO INSPIRE CONFIDENCE, TEAMWORK AND RESILIENCE.

SAFE, ENERGETIC, CREATIVE, CONFIDENCE-BUILDING. LION PACK HOLIDAY CAMPS DELIVER THE PERFECT MIX OF IMAGINATIVE PLAY, PHYSICAL ACTIVITY AND REAL-LIFE SKILL BUILDING – DESIGNED BY CHILDCARE AND ACTIVITY EXPERTS WHO KNOW EXACTLY WHAT CHILDREN LOVE.

### HOLIDAY CAMP SNEAK PEAK



**BOOK NOW [WWW.LAZERLIONS.CO.UK](http://WWW.LAZERLIONS.CO.UK)**