

# Parents in Conflict

## Manage disagreements constructively and reduce stress for your children

Conflict is a normal part of life, but how it is managed makes all the difference. This targeted three-week course is designed for parents and co-parents looking to improve communication, manage disagreements constructively, and lower the impact of relationship conflict on children's well-being. A course, suitable for families with children of any age.



**Tuesdays, 1<sup>st</sup> December – 15<sup>th</sup> December**

**12.30pm – 2.30pm**

**Ham Children's Centre, Ashburnham Road  
TW10 7BG**

To book your place on to this course, please scan the **QR code** or visit <https://forms.gle/zd9v3NCdkXen7x6Q8>.

To find out more, contact Tom Maybey, Richmond Parenting Lead.  
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