

Playful Parenting



Build strong attachments and support emotional growth through play

A fun and engaging two-session programme for families with children under 5. Playful Parenting focuses on building strong parent-child attachment through play, understanding child development, and using low-cost resources to support healthy emotional growth and positive discipline in the early years. A two session programme, created by The Centre for Emotional Health.



Fridays 16th October and 23rd October

12.30pm – 2.30pm

The White House Family Hub, 45 The Avenue, TW12 3RN

This is a fun play-based course and you are welcome to bring your children!

To book your place on to this course, please scan the **QR code** or visit <https://forms.gle/zd9v3NCdkXen7x6Q8>.

To find out more, contact Tom Maybey, Richmond Parenting Lead.

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