

Sugar Reduction Project

Nine Year Update

Since September 2016 Caterlink have ensured that school lunches not only meet the government recommendations for free sugars, but are actually much lower! In the last school year school lunches contained just 3.8g of free sugar on average!

Last term five out of the fifteen desserts offered contained NO sugar!



Since the start of the project we have removed **2.1 million kilograms of sugar** from children's meals!
That's the same weight as **3,500** brown bears!

This reduction is through:

- Reformulating recipes and removing high sugar ingredients
- Flavouring our own yoghurt on site
- Using fruit to sweeten desserts

