

Teen Life

Specialised support for parents of autistic young people

Teen Life is a specialised, accredited six-session programme developed by the National Autistic Society (NAS). It is designed specifically for parents and carers of children and young people aged 10 to 16 who have an autism diagnosis. The course covers key topics including understanding autism in adolescence, supporting communication, and promoting independence.

Created by The National Autistic Society



Fridays, 6th November – 11th December

12.30pm – 3.00pm

Ham Children's Centre, Ashburnham Road, TW10 7BG

To book your place on to this course, please scan the QR code or visit <https://forms.gle/zd9v3NCdkXen7x6Q8>.

To find out more, contact Tom Maybey, Richmond Parenting Lead.

Email: tom.maybey@achievingforchildren.org.uk

Phone: 07864 609913

